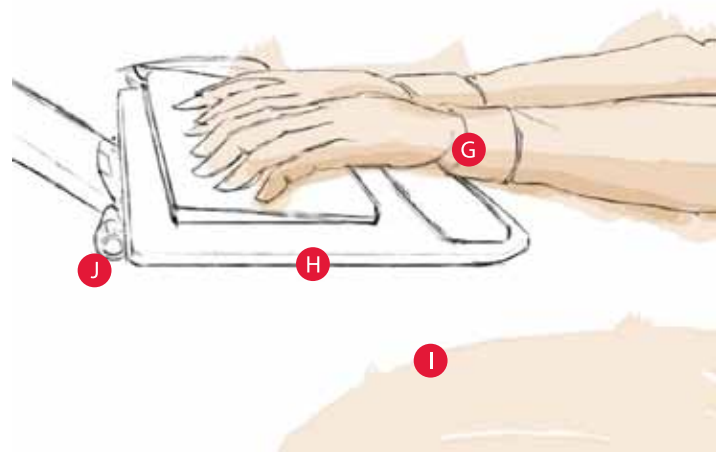
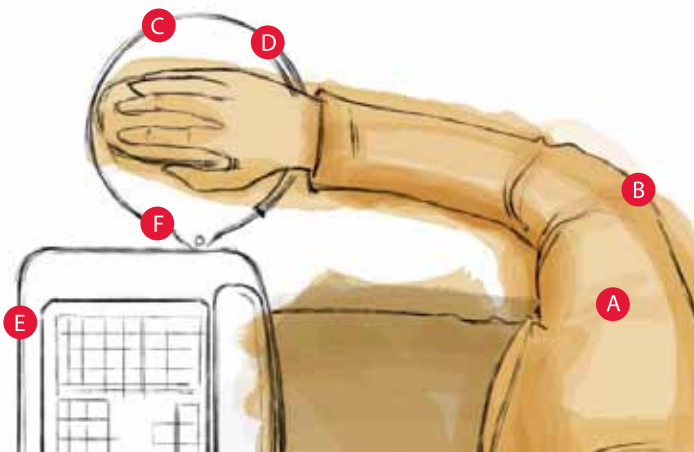


# Articulated Keyboard Pad (AKP)

## Key Support for Healthy Posture

- A** Upper arms should hang straight down at user's side.
- B** Elbow angles should be between 70 and 135 degrees.
- C** Palm rest should not be used when typing/mousing—only when resting.
- D** Palm rest should be of firm, low friction material that is not temperature sensitive.
- E** Should provide room for both keyboard and mouse.
- F** Should be able to support mouse on either right or left side.
- G** Keep wrists straight when working.
- H** Should be placed directly in front of user within primary work zone.
- I** Should provide adequate leg clearance under worksurface.
- J** The underside of the AKP should not have any protruding hardware or controls.



### HELPFUL TIPS:

- Should have user friendly, intuitive controls.
- Keep elbows and arms close to body.
- Keyboard and mouse should be in the same plane or the mouse slightly lower.
- Should adjust in height and tilt.
- Should allow user to work in a variety of positions while maintaining neutral postures.
- Depending on a user's seated posture, the AKP may need to use either positive or negative tilt to achieve neutral postures.
- When placed in a corner, the corner should have a large enough radius that when the AKP is fully extended for use that no portion of it remains under the work surface.